



Southern Zone News

School District 10, Arrow Lakes "Global Learning in a Rural Setting"

Together Against Bullying

This year in the Southern Zone children will be learning about bullying – what it is and how to use effective communication to prevent it. We want children to learn how to create interpersonal relationships based on fairness rather than power imbalances.

The adults in our school community will get a chance to learn more about bullying as well. We will work towards a common understanding of what bullying is and how we can help children overcome it.

Children can be violent, aggressive or mean without being bullies. Bullying relationships develop over time. They involve repeated violent, intimidating or exclusionary acts, usually between the same children.

We especially want to help children who slip into these behaviours. Children who bully need to learn empathy for others, as well as how to communicate needs and feelings honestly and powerfully. If we fail to teach them, they are at extremely high risk (close to 100%) of becoming involved in criminal activity or abusive relationships as young adults.

Bullying occurs in all populations. The best time to begin teaching children about bullying is in elementary school. Skills learned at school can help children overcome abusive relationships or harassment later in life. Learning to stand up and speak up against bullying is an important life lesson for everyone.

Sally McLean

Our apologies:

We neglected to include Susan Bampton, our library technician, when we introduced staff in our last newsletter. She works in the libraries at both schools.

We also appreciate our bus drivers, Andy Cruden and Jim McKee, who help our students start their day on a positive note and get them home safely at the end of the day!

PAC NEWS

Change of Date!! Next meeting, the AGM, is October 19th. All parents are welcome to attend! Why not consider filling one of the positions? All positions are open and need to be filled for the PAC to run smoothly. If you would like to run or to nominate someone, call Karlene Harper at 250-269-7298.

Upcoming Events

- ❖ BES Assembly:
October 22, 1:30
- ❖ EES Assembly:
October 26, 2:15
- ❖ BES Photo Days:
October 21, Retakes
November 18
- ❖ EES Photo Days:
October 20, Retakes
November 18
- ❖ Parent-Teacher
Interviews October 20
and 21
- ❖ Next PAC meeting:
October 19th 4:30.
Fauquier Hall

This Month in the Southern Zone

October 2009

			1
5	6	7 EES Library Day	8
12 Thanksgiving Day – No School	13	14 EES & BES Library Day	15 EES – Crazy Hair Day
19 PAC Meeting Fauquier Hall 4:30 PM	20 EES Photos 1:00 PM Parent-Teacher Interviews 1 hour early dismissal	21 BES Photos 1:00 PM Parent-Teacher Interviews 1 hour early dismissal BES Library Day	22 BES Assembly 1:30 PM
26 EES As- sembly 2:15 PM	27	28 EES Library Day	29

EES Crazy Hair Day - On Thursday, October 15th, EES students are to come to school sporting their craziest hair!!!!!!!!!!



The Southern Zone Goes to Revelstoke

Early Thursday morning the students from Burton and Edgewood Elementary Schools set off on their adventure to Revelstoke. By the time we reached the Galena Bay ferry the students were ready to stretch their legs and happily munch on homemade muffins.

The next stop was Revelstoke National Park, where the park naturalist, Alice, greeted us. Up at the old ski chalet we learned about the importance of parks (*Did you know there are over 400 glaciers in Glacier National Park?*), tree identification and the art of Andy Goldsworthy. Students learnt how to use a dichotomous key to identify several local trees during a hike with Alice, while other students created earth art similar in style to Andy Goldsworthy's art. After switching activities, our time in the park ended with the students learning a song called *Pretty Little Tree*.

Before heading back to the Southern Zone, we stopped at the Revelstoke Pool for a swim; where students demonstrated their swimming, floating, sliding, climbing and jumping abilities.

All of the students showed what great communities they come from and worked both cooperatively and enthusiastically with their buddies throughout the trip. At the end of the day chocolate zucchini bread and fresh apples were a big hit on the ferry ride home. Thank you Southern Zone PAC for funding this adventure. Hmm... where should we go next?



Community News

FREE RESTORATIVE JUSTICE TRAINING OPPORTUNITY
October 16-18 at *The Bonnington in Nakusp*

Friday evening 4:00 pm information session is open to the public (dinner included)
Workshop days are Saturday and Sunday, 9am to 4pm, with lunch included on these days

Restorative justice Principles focus on repairing the harm done when an offence occurs. The facilitator training course presents the knowledge and information necessary to lead victim-offender healing forums and also skills valuable for work, volunteer and daily life experiences. *This training session is useful to parents, teachers and anyone who works with people and/or wants to improve interpersonal relationships.*

Registration is required by October 10 for catered meal planning. Call Carol at 250-358-2125 or email cbell@redmtn.ca

Community Sports at Burton Elementary

Volleyball has started again at the Burton School. If you are interested in having some fun and getting a little exercise, please come to the school on Tuesday evenings. Play begins at 6:30.



Community basketball will be starting up again on Thursday, October 29th. Play starts at 6:30 and ends at 8:15 PM.

Fauquier Family Programs

SUPPORTED BY MCFD, SD#10, CAPC, SX6 and BC Association of Family Resource Programs

Family Programs in Fauquier resume Monday September 28th:

Mondays: 0-6 **Fun with Fitness**, Fauquier Hall, 10-11am, Circuit Fitness (9yrs+) 4:30-5pm

Tuesdays: **Storytime** and book lending at Fauquier Reading Centre, 4:30-5pm

Thursdays: Southern Zone **Parents & Tots** at the Communication Center, 10-12:00

The last Friday of MOST months is **Family Movie Night** at the Hall 6:30-8:00

There are holiday celebrations and other great local program – watch the bulletin boards or call Jodi 250-269-7209.

Do you feel that a friend or family member might have a mental illness?

Please join our Confidential Support Group.

Call Cindy, Outreach Support Worker, for more information.

250-265-5247